

ONLINE PARENTING GROUPS

Real People, Real Connections, Real Compassion

Focused Parenting Groups	Day	Time
Parenting Group for Parents working with Department of Children and Family Services: This online parenting support group is for parents that are working with the Department of Children and Family Services. Meet and speak with other parents that are working through their action plans in hopes for reunification with their children. Certificates and letters of attendance awarded after attending 8 weeks of classes.	Thursday	Noon-1pm EST
Online Support Group for Parents with Teens with Special Needs: Parenting during a pandemic is hard. Parenting a teen with special needs during these stressful times often feels impossible. This online group is for anyone who is raising a teenager who has special needs, whether those needs are behavioral, emotional, learning, physical, or medical.	Wednesday	4-5pm EST
Grupo de apoyo en línea para padres de habla hispana: Online Support Group for Spanish Speaking Parents La crianza de los hijos es el trabajo más difícil del mundo. A veces, los desafíos y las luchas se vuelven abrumadores y crean mucho estrés y frustración para los padres. ¿Necesita algún comentario para sus preguntas? ¿Necesita ayuda con los pasos a seguir para reducir el estrés y poder ser mejor padre? Únase a nuestro grupo de apoyo en línea y obtenga apoyo para todas sus necesidades de crianza.	Tuesday	10-11am EST
Reunification Parenting Group for Formerly Incarcerated Mom's: This parenting group is for mom's who have been incarcerated and are looking to rebuild their families and reconnect to their children. A safe space for mom's to share their emotional struggles and challenges as they adapt to life after incarceration and get support from other mom's that are traveling a similar path in life.	Thursday	7-8pm EST
Parenting an Adult Child with Substance Abuse Challenges Group: This parenting group is for parents of adult children that are looking to get support from other parents who are sharing the same struggles and anxiety trying to support their adult children that are suffering with substance abuse challenges.	Thursday	6-7pm EST

General Parenting Groups

Happy Monday Parenting Group	Monday	4:30-5:30pm
Meetup Monday Parenting Connection	Monday	6-7pm EST
Informal Social Parenting Group	Thursday	8:30-9:30pm
Lunch and Learn Online Parenting Group	Friday	Noon-1pm

www.parentshelpingparents.org/onlinegroups One Click Registration

or Call 1-617-926-5008 ext 108 or E-mail: richie@parentshelpingparents.org

Groups are Free & Confidential. Certificates and Letters awarded after attending 8 groups

Need support now. Call our emotional support line at 1-800-632-8188 24 hours a day, 7 days a week

